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Conversation: A Well-Informed Profile of Its Contributors

Sofica Bistriceanu

Academic Medical Unit, Romania

Abstract

People's collaborative work supposes verbal and nonverbal communication. Words are the essential channel of transmission of data of interest. Spoken or written words tell us about one's mental activity, including intent and how one does it. Collaboration in person offers more data, which can help to better understand a person's knowledge, health, and morality. Based on these data and skills in interactions with others, their collaboration can extend or end, depending on the person's enjoyment of such actions. Conversations can disappoint or delight, and repetitive, pleasant discussions positively impact personal health. Provoked and inflamed talks can be harmful, especially for heart functioning in vulnerable, old individuals. A conversation's dual effect must be considered, especially when interacting with unknown individuals. Spoken words provide insights into a person's health; tone, pitch, volume, fluency, and construction of a phrase – all inform us about the functionality of the respiratory, cardiovascular, and nervous systems. They also reflect the speaker's emotional involvement, personal knowledge across various areas, expertise in specific domains, and communication skills. Personality traits are conveyed through voice, making speech unique for each individual. However, it is also subject to change over time as the phonation and resonator systems evolve, along with their nervous control.

Biography

Sofica Bistriceanu, MD, Ph.D., graduated from Iasi University in Romania and family medicine research at Maastricht University. She joined the European, American, and Asian Primary Care Research Group, American Academy on Communication in Healthcare, APTR, IHI, NICHQ, EPCCS, EURACT, and WONCA Meetings. With over 100 research studies shared internationally, she has been recognized with numerous awards. Dr. Sofica Bistriceanu is a member of the Academy for Professionalism in Health Care, serves on the Editorial Review Board for The Journal of Patient Experience (JPX), is an Associate Editor for PriMera Scientific Publication, and is a member of the Editorial Board of Journal of Medical Research and Clinical Case Reports, Research Portal Central Publishers. She represents the Academic Medical Unit- CMI, in NT, ROU. Additionally, she is the author of seven volumes of poetry published by Cronica, Iasi Publishing House, and Time, Iasi Publishing House.