

4th International Congress on Primary Health Care & 2nd Euro Nursing Congress

September 15-16 | Virtual Event



Sofica Bistriceanu

Academic Medical Unit
Romania

Disrespectful collaborative work negatively impacts people's lives

Abstract:

People continuously sell their products and buy other goods as necessary for them and their loved ones, as no one can know and own everything. How they interact depicts their health, social, and professional life. Effectively sharing your presence, providing quality products at fair prices, ensuring availability when needed, showing kindness, being honest, and respectfully communicating with others are key elements that promote a business's standing, foster growth, a good reputation, career development, satisfaction, and a peaceful inner world. Evidence in clinical practice has shown that a disturbed inner life due to improper interactions leads to disorders in fragile areas such as arterial hypertension, type 2 diabetes, depression, obesity, and even brain haemorrhage or tumors in vulnerable individuals. Their clinical manifestations vary among people, sometimes resulting in late diagnosis. Technological advancement offers remedies in stressful situations. Choosing relaxing physical activities, e-music, movies, or on-demand mixed art expression programs, engaging in e-conversations with loved ones, and lectures of interest can help alleviate suffering and restore health. In addition, individuals who are offended can block collaboration with disrespectful people by utilizing a specific function on their IT devices. This method prompts the offender to reflect on what happened. This way, they can try to improve their behaviour, to avoid similar rejections from other groups.

At the end of this presentation, the audience will be able to

- Recognise the value of communication in their life paths
- Identify the effects of improper communication on people's lives in their community
- Initiate an informative program, a hybrid model about the significance of human interactions for people's health.

Biography

Sofica Bistriceanu studied in Romania at the 'Gr. T. Popa' Iasi University, and graduated as MD in 1984, research in family medicine, Maastricht University, 2000, Ph.D. in 2009, Iasi, at the same institution. She joined the European, American, Asian Primary Care Research Group, American Academy on Communication in Healthcare, APTR, IHI, NICHQ, EPCCS, EURACT, WONCA Meetings. Dr. Sofica Bistriceanu is the author of more than 80 research studies shared abroad and received awards for some of them. She is a member of Academy for Professionalism in Health Care, a member of The Journal of Patient Experience (JPX) Editorial Review Board, and an Associate Editor of PriMera Scientific Publication. Dr. Sofica Bistriceanu is the representative of the Academic Medical Unit located in NT, ROU. She is the author of seven volumes of poems published by Chronica Iasi Publishing House, and Time, Iasi Publishing House.