



## CARLO TAORMINA

Carlo Taormina Coaching  
USA

### Overcome adversity in entrepreneurship

#### Abstract:

All entrepreneurs face some sort of barriers and roadblocks, and having founded two successful companies, I know there are many practical and substantive problems. But there is also a major aspect we don't often reflect on, and that is ourselves. We need to be the best we can and at the height of our game to secure the best chances of success.

#### Biography

**Carlo Taormina** has achieved the “near impossible” as he puts it when he describes overcoming clinical depression and suicidal ideation. Carlo has always been one to help people with his background in Personal Training, Life Coaching and as a Keynote Speaker. Carlo rose from the depths of his mental illness to share his story of overcoming self-doubt, destroying limiting beliefs and unleashing the real “You” in order to help those in similar positions. From sharing his story on social media, coaching clients and speaking on the largest stages, Carlo has had people approach him saying his message saved their life.