4th International Conference on
Global Entrepreneurship Summit 2025

&

2nd International Congress on
Artificial Intelligence and Machine Learning

Joint Event

August 19-20, 2025 | Toronto, Canada

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Common Note
Canadaa

Time Management in a Multitasking World

Abstract:

In a world obsessed with multitasking, finding effective time management strategies is crucial for entrepreneurs. So, how can they optimize their time? Participants will walk away with fresh ideas to improve their time management skills. The speaker will discuss effective time management by focusing on long-term goals, leveraging support networks, and embracing leadership. A personal anecdote will illustrate how the author overcame energy burnout and adapted to new time demands. Additionally, the speaker will explore entrepreneurship, sharing insights on what it takes to become a successful entrepreneur.

Biography

Meladul Haq Ahmadzai is the founder of Common Note, a startup that helps individuals organize tasks and boost productivity. He is from Afghanistan and holds a Master's degree from the University of Manchester (UK). "With 8 years of experience as a Global Health researcher, backed by my Master's degree in Science (MSc) from The University of Manchester, I've combined academic expertise with over 14 years of leadership as Founder and CEO. Currently, I'm working on a new startup idea called Common Note. Over the past 5 years, I've shared my insights on IT, health, and human issues like war, peace, and innovation with various media outlets. Notable achievements include the Canada Service Corps award for volunteerism (2021) and the University of Manchester's Stellify Champion for Change award (2024).

I've dedicated over a decade to service through volunteering on national and international initiatives. My presentations cater to entrepreneurial, academic, and health conferences. My goals focus on leadership, marketing, and wellness."