

# 3<sup>rd</sup> International Conference on Pediatrics & Neonatology

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# 4<sup>th</sup> International Conference on Gynecology and Obstetrics

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### A Tough Call with a Successful Outcome: MCMA Twins with One Twin Discordant for Anencephaly

#### Abstract:

Monochorionic-monoamniotic (MCMA) twin pregnancy discordant for anencephaly is a rare occurrence. Management of such cases using Selective reduction versus expectant management is itself a questionable topic. We report such a case managed expectantly with successful outcome. A 26 year old primigravida woman was referred to us with MCMA twin pregnancy discordant for anencephaly at 21+2 weeks of gestation. She opted for expectant management till 34 weeks and elective cesarean section was performed. Healthy neonate without any congenital malformation was 2.1Kg and required 4 days of NICU care. Neonate with anencephaly weighing 1.4Kg succumbed after 22 hours of life. This report emphasizes the option of expectant management for such a rare condition.

#### Biography

**Chameli Subbaraj** is a dedicated Obstetrician and Gynaecologist currently serving at the Mid and South Essex NHS Foundation Trust, United Kingdom. With years of clinical experience in women's health, she has been actively involved in providing comprehensive care in obstetrics and gynaecology, focusing on patient safety, evidence-based practice, and compassionate service delivery. She has a special interest in improving maternal health outcomes, advancing minimally invasive gynaecological procedures, and promoting multidisciplinary approaches in clinical management. Dr. Subbaraj is also engaged in academic and training activities within the NHS framework, mentoring junior doctors and contributing to the development of best practices in obstetric care.