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Biography

Maryam Fatima completed her postgraduate qualification (MRCOG) in Obstetrics and Gynaecology in the United Kingdom and is currently working as a Registrar at Basildon Hospital. With extensive clinical experience, she has managed a wide range of obstetric and gynaecological cases while consistently delivering high-quality, patient-centered care. She has worked collaboratively within multidisciplinary teams to ensure the best possible outcomes for patients and is committed to maintaining excellence in clinical practice. Her dedication to women's health, continuous professional development, and evidence-based medicine reflects her passion for advancing the field of Obstetrics and Gynaecology.

Referral for Sending the Placenta for Histopathology in Cases of Severe Fetal Distress Requiring NICU Admission (A Quality Improvement Project)

Abstract

This audit was started as an audit for sending the placenta for histopathology in cases of severe fetal distress requiring NICU admission. The aim was to verify the adherence to the RCPATH guidelines for sending placental histology. It was a retrospective audit conducted over a period of six months. The audit was registered with clinical effective unit and data was analysed. It was found that out of 200 babies admitted to NICU, 31 of them were severe fetal distress fulfilling the criteria of the definition as per RCPATH guidelines. The conclusion was that placental histology was sent only in 30% of cases. The recommendations were to improve staff awareness and training. The re-audit was done which showed the compliance has improved to 60%. Following this, a QIP was initiated in which the trust guidelines and referral form for placental histology were revised.