

# 2<sup>nd</sup> International Conference on Gynecology and Obstetrics

June 24, 2024 | Virtual Event



**STACEY POWELLS LYSTER**

Stirrups the Play

USA

## Stirrups

### Abstract:

Advocating the importance of women's health issues, as well as the need for funding in women's clinics across the nation, our hope is to use the play, *Stirrups*, as a way to partner regional theaters with local women's health clinics, bringing attention and financial resources to this critical mission. *Stirrups* begins in 1975 with a teenage girl's first gynecologist appointment and chronicles her life until menopause has its way. Inspired by the relationship between a patient and her gynecologist, *Stirrups* takes place over 40-plus years, within the walls of a doctor's office. The play highlights key issues women may face over the course of four-plus decades as it relates to their gynecological health and beyond. Using *Stirrups* as a vehicle to bring awareness to women's health, local theaters connect with regional health clinics to create their own version of how the play is delivered; be it a virtual reading, staged reading, or a full live production. As support continues to be slashed for women's health initiatives nationwide, the goal is to generate resources for local clinics across the country. Available in both a one-act or two act version, *Stirrups* will be licensed at the non-profit rate paid directly to the playwright. The theater company and women's health clinic can decide how much to charge for this performance fundraiser and how they want to split the profit from the performance of *Stirrups* with the women's health clinic. Any changes made to the playbook must be approved by the playwright. For more information including licensing, please use the contact information below. We look forward to furthering the support of women's health initiatives nationwide through an amusing, informative, and creative lens. Act one and an event suggestion breakdown are available upon request.

### Biography

A published author, poet, and journalist since 1996, Stacey's work has appeared in several magazines including *Island's* and *Divulge*. Her book of personal essays, *Empty Cupboards*, launched on Amazon August 2022, reaching #1 in several categories. Her poem, "The Inch Between Us" was included in the 2021 *Stunning Poetry Collection*. She co-edited and contributed to the December 2023, *We See You, We Hear You Anthology*, and she was featured in the New York Times "Tiny Love Stories" section (2-13-2024). Her play *Stirrups* is a 2016 NY Theater Festival selection and her screenplay, *The Last Straw* is a 2024 Mammoth Lakes Film Festival finalist. Her TV Series *Beverly Hills Pharmacist* has been mentored by David Kirkpatrick (Paramount/Disney) and Jeff Arch (*Sleepless in Seattle*). She is also a StorySummit.us faculty member, leading various writing workshops. A published author, poet, and journalist since 1996, Stacey's work has appeared in several magazines including *Island's* and *Divulge*. Her book of personal essays, *Empty Cupboards*, launched on Amazon August 2022, reaching #1 in several categories. Her poem, "The Inch Between Us" was included in the 2021 *Stunning Poetry Collection*. She co-edited and contributed to the December 2023, *We See You, We Hear You Anthology*, and she was featured in the New York Times "Tiny Love Stories" section (2-13-2024). Her play *Stirrups* is a 2016 NY Theater Festival selection and her screenplay, *The Last Straw* is a 2024 Mammoth Lakes Film Festival finalist. Her TV Series *Beverly Hills Pharmacist* has been mentored by David Kirkpatrick (Paramount/Disney) and Jeff Arch (*Sleepless in Seattle*). She is also a StorySummit.us faculty member, leading various writing workshops.