



Pardis Momeni

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Biography

Pardis Momeni, completed her PhD at the age of 30 years from Karolinska Institute and is currently a senior lecturer teaching for 15 years winning the award for best teacher of the year and being top nominated several years in a row. Her skills in oral presentations are excellent and she can capture the attention of the audience.

A Survey Study Of Family Members' Encounters With Healthcare Services Within The Care Of Older People, Psychiatric Care, Palliative Care And Diabetes Care

Abstract:

The situation for relatives of people with long-term illnesses and/or disabilities has changed due to organizational transformations such as shorter hospital stays and more home-based care. These changes have led to increased informal caregiving, resulting in greater responsibility for relatives. This research project included five scientific papers aimed at highlighting relatives' experiences with healthcare services for individuals with complex care needs in psychiatric, elderly, palliative, and diabetes care. When the patient feels better, relatives often experience improved well-being. In the context of diabetes care our results show that family members often lacked direct access to professional care and that their involvement was dependent on their relationship with the person with diabetes. Meanwhile, in the context of care of older people the results indicate the need to improve continuity in the care of older people in nursing homes by limiting the amount of different health care professionals surrounding the older person. Also, it highlights the importance of having a specific contact person assigned to each older person living in nursing homes. In the area of palliative care, we could see an overall positive experience regarding the family members' impression of healthcare professionals, something that also was linked to feeling a sense of safety and being in good hands. In this abstract we wish to raise the important implications for practice and our nursing profession. In meeting family members many times in crisis and the importance in the nursing practice in having the calm and knowledge in dealing with sometimes hard situations. The project highlights the importance of healthcare organizers to ensure that priorities are made to establish a stable care chain for the patient so that family members experience safety in different care settings.