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**Biography**

**Nalinee Cheryklinput**, has completed a Master of Science in Nursing, majoring in Adult Nursing. She is a Nurse Educator at the age of 27, with a specialist background in the Medicine department. She remains a Registered Nurse, practicing in her clinical setting, and is also a member of the Kuakarun Faculty of Nursing, Navamindrathiraj University, for 8 years. She has published in journals and has been part of several research projects. She is also a guest speaker on research processes and care for chronically ill patients in the community.

**Empowering Stroke Survivors: Behavioral Strategies for Recurrence Prevention and the Support of Village Health Volunteers**

**Abstract:**

Stroke is a major cause of death and long-term disability in Thailand. Stroke survivors often face physical, psychological and social impacts, including the risk of stroke recurrence. Empowerment of survivors is an important approach to promote appropriate health behavior changes, which will reduce the chance of stroke recurrence and improve the quality of life of patients. Behavioral strategies such as changing eating behaviors, increasing physical activity, smoking and alcohol consumption, controlling chronic diseases, and managing stress and mental adjustment play an important role in preventing stroke recurrence. In addition, Village Health Volunteers (VHVs) play an important role in supporting stroke survivors in the community through education, home visits, role models in health care, linking patients to other resources in the community, promoting group activities, and motivating them to take care of their own health. Integrating behavioral strategies with support from Village Health Volunteers is an effective approach to empower stroke survivors to prevent recurrence and promote sustainable quality of life.