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### Practicing medicine with dignity

#### Abstract:

Becoming a medical professional requires dedicating many years, even decades, to acquiring, maintaining, and enhancing expertise in the chosen field, effectively managing data in practice, and possessing the skills to support and extend trustful and respectful collaboration with others. It also involves providing assistance and conducting daily work according to social norms. Additionally, being kind and polite with partners/customers adds benefits for practice standing and ensuring a good reputation. Medical professionals interact with people from various backgrounds, including genetics, education, networking, and diverse environmental influences. They can experience deceptive interactions with individuals whose health worsens; sometimes, uneducated persons with impulsive reactions hurt their inner lives, impacting their personal, professional, and social lives. They must detect others' work impairment or unprofessional behaviour and professionally manage it. Considering that time slowly undermines all, even a medical professional experiencing burnout or medical conditions affecting their perceptions, analysis, and responses to various external stimuli, including human relations, can interact unprofessionally with clients. In the case of work impairment, it is better to decide when to stop their professional work for a better life for themselves and their business partners. Advice, technical, and emotional support from their loved ones, friends, and experts are essential to preventing the negative consequences of their work impairment on others, including a disrespectful relationship with them. Artificial intelligence helps prevent and address burnout. Practicing with dignity is essential for an individual's successful personal, professional, and social life; the community's high opinion toward a provider and self-esteem ensure a better inner life connected to a better existence.

#### Biography

**Sofica Bistriceanu**, MD, Ph.D., graduated from Iasi University in Romania and family medicine research at Maastricht University. She joined various meetings across Europe, the USA, Canada, and Asia. With over one hundred research studies shared internationally, she has received numerous awards. Dr. Sofica Bistriceanu is a member of the Academy for Professionalism in Health Care, serves on the Editorial Review Board for The Journal of Patient Experience (JPX), and is an Associate Editor for PriMera Scientific Publication. She represents the Academic Medical Unit- CMI, NT, ROU. Additionally, she is the author of seven volumes of poetry published by Chronica, Iasi Publishing House, and Time, Iasi Publishing House.