

Yacob Mathai Kunnathazhath

**Marma Health Centre
India**

Should we test and treat the fever triggers or the fever that creates the immune system against the fever triggers?

Abstract:

Fever is one of the least knowledgeable topics in modern science.

Looking at medical journals and medical books, modern science does not even know the basic facts about fever. Modern science does not know what the purpose of fever is, what fever is, what to do to get a fever, how to diagnose it, and how to treat it because of a lack of precise definition.

What are the triggers of fever? What are they?

Fever triggers are substances and their actions that trigger the immune system to induce fever. These substances reduce heat, increase inflammation, and reduce blood flow. Fever triggers include water below body temperature, soft drinks, ice cream, weather, medications including paracetamol² that reduce body heat and increase inflammation, etc. Decreased blood flow due to severe inflammation is the sole trigger for fever. Any substance that is cooling or reducing temperature (antipyretic) is a fever stimulant because it increases inflammation and reduces blood flow. Antipyretics are the only substances needed to induce fever in any organism. By using antipyretics in anyone, anyone can reduce the body's heat energy and cause inflammation and fever within a few hours. The causes of fever triggers, the triggers of fever, and the substances produced by the immune system fight against the triggers of fever, their functions are not the same, and they are opposite to each other. Fever triggers caused by external factors are always harmful to the body, but a fever that builds immunity against it is always beneficial to the body. Fever is the body's defense mechanism against the triggers (inflammation) of fever. The current definition of fever does not mention any fever-triggering substances. Therefore, fever triggers are not included in fever testing or treatment. Rather than identifying and eliminating the triggers of fever, today's definition, testing, and treatment focus on identifying and eliminating the substances the immune system produces to fight against the triggers of fever. Today's fever treatment destroys the substances that create immunity against the triggers of fever and increase the triggers of fever. In addition, today fe-

ver is diagnosed and treated as hyperthermia, the opposite of fever. Eliminating fever, which creates immunity against fever stimuli, and treating fever as hyperthermia will increase morbidity and mortality. It is not a treatment according to any scientific law in the world today, but a murder attempt. The treatment of fever triggers is to reduce fever triggers. The only solution against fever triggers is to increase blood flow and reduce inflammation. This is an immutable scientific fact. The basic elements necessary for a scientific treatment are not provided in fever treatment. Fever should be checked and treated, not for the fever, but for its triggers. The only solution against fever triggers is to increase blood flow and reduce inflammation. This is an immutable scientific fact.

Biography

A practicing physician in the field of healthcare in the state of Kerala in India for the last 36 years and very much interested in basic research. My interest is spread across the fever, inflammation and back pain. I am a writer. I already printed and published Ten books on these subjects. I wrote hundreds of articles in various magazines. I have published 14 articles on fever in various journals. After scientific studies, we have developed 8000 affirmative cross checking questions. It can explain all queries related to fever.