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Biography

Adewoye Daniel Goodness, is a final-year dental student and passionate advocate for community health and dental equity. With a strong focus on research, outreach, and global health initiatives, he is committed to driving conversations that inspire transformation in oral healthcare.

Reimagining the Future of Oral Health: Personalized and Preventive Care as the New Frontier

Abstract:

Oral diseases are among the most prevalent health challenges worldwide, affecting over 3.5 billion people and deepening health inequities (GBD 2019 Oral Disorders Collaborators, 2020). As dental professionals, we've long relied on a treatment-centric model focusing on intervention after disease has taken hold. Today, however, we stand at the cusp of a paradigm shift: one that prioritizes personalized and preventive care to reshape oral health outcomes.

Objectives:

In this presentation, I aim to:

- Highlight the transformative power of personalized and preventive care strategies in global oral health.
- Share evidence-based innovations and best practices that can redefine how we care for our patients.
- Challenge us all to become champions for equity, sustainability, and proactive oral healthcare no matter where we practice.

Main Points:

Personalized Care in Action: We can now harness cutting-edge tools like genomics, salivary diagnostics, and microbiome mapping to create individualized care plans. I'll discuss how these tools can be integrated into routine practice no longer a distant dream, but a present-day possibility.

Prevention First: From dietary counseling to behavioral interventions, I'll explore how we can empower patients and communities to prioritize prevention moving from disease treatment to health promotion.

Global Innovations: I'll share inspiring stories and case studies of AI-powered diagnostics, teledentistry, and community-led models that are breaking down barriers to care in underserved areas.

Equity and Policy Implications: Finally, I'll discuss how these strategies align with the UN Sustainable Development Goals and global health agendas, offering a pathway to a future where oral health disparities are history.

Conclusions: As a speaker and fellow dental professional, I believe this isn't just about changing how we practice it's about rethinking how we think about oral health itself. Personalized and preventive care is more than a trend; it's the future. Let's work together to make sure every patient, regardless of where they are in the world, benefits from this future a future where health equity, proactive care, and global collaboration are the norm.