



Rayehe Noroozi

Shiraz University of Medical Sciences
Iran

Enhancing Justice in Financing Healthcare Expenses and Quality of Life Related to Health in Patients with Myocardial Infarction

Abstract:

Abstract: Introduction: Health research plays a crucial role in enhancing healthcare systems, making them better, fairer, and more accessible. The Commission on Social Determinants of Health in the Eastern Mediterranean has highlighted health inequalities, emphasizing social justice and health equity in its report, "Making it Fairer: Achieving Health Equity in the Eastern Mediterranean Region." Aims: This report outlines actionable recommendations to improve the quality of life and health equity for people in the region. Results: Key Takeaways should be applied by the policymakers. 1. Aim for Equity 2. Focus on Universal Health Coverage 3. Investigation in Econometrics and economic equity 4. Financial Protection 5. Target Subsidy Law (TSL) in Iran: The TSL aimed to improve health financing equity, resulting in a significant increase in the Kakwani Index, though challenges remain with rising healthcare costs and access disparities. Conclusion: Addressing social injustice and ensuring equity in health financing is vital for improving health outcomes and quality of life for all individuals. Continuous research and policy efforts are necessary to tackle healthcare inequalities and achieve the goals set out in the 2030 Agenda. Together, we can work towards a healthier future for everyone.

Biography

Rayehe Noroozi (April 1999, Iran, Shiraz) is already a health Economics PhD Candidate in Shiraz University of Medical Sciences, Shiraz, Iran. Have gotten Diploma of science from Shiraz Governmental Genius school, started to study Bachelor and master of Health Administration at September 2017 and then at October 2021. She finished her bachelor thesis on Inequality in COVID vaccine distribution which is published as an article: "Inequality in the distribution of Covid-19 vaccine: a systematic review". She has further research on mental and maternal health disparity later during higher education. "Most important thing in my life is to achieve my goals and help people with humanity, peace and health. I like communication with people and helping them out." Says Rayehe as her mission statement