



Ahmed Ibrahim

Liberty Medical Center,
Qatar

Biography

Ahmed Ibrahim, is a seasoned plastic surgeon with over 30 years of experience in the field. He serves as the Director of Liberty Medical Center and three additional aesthetic dermatology clinics. A recognized international trainer for Chrome Filler and Aptos Thread techniques, Dr. Ibrahim has delivered more than 25 presentations at leading international conferences.

Liposuction Of Double Chin By A Combination Of Vaser And Thread Lifting

Abstract:

The Aim of this study that is to give the patient a better result and a younger look than the results from Vaser liposuction along with thread lift. This is observational study conducted in liberty medical center, Duhail. The results were obtained from more than 200 patients with age groups between 20 and 60 years old. Most of the patient did Vaser liposuction combined with thread treatment, liposuction was also done to remove fats existing under platysma muscles. The procedure we use for double chin depends on the degree of the ptosis of the skin, the laxity of the muscles, and the amount of fats in the area. Infiltration with 200ml NS with adrenalin and bicarb. three cuts are made, one behind the chin and two of them behind each earlobe. Vaser machine is used for the area with power between 60v and 70v for four minutes, after that, Liposuction is done with canula size 8. Also, we use canula size 12 for liposuction under platysma muscle. Three PDO threads 19g are used for each side of the neck using the same entrance under each earlobe to support submental triangle area. keep the wound open for drainage. Wearing garment for 1 and a half month. Lymphatic massage is done for two months. Results we see from response variables like Satisfaction rate and close to expectation rate. This article would be great significance for future Aesthetics Surgeons to use combinative noninvasive devises to get better results.