

## Linda Liang

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### New individualized management for gut barrier dysfunction & using food to prevent & treat skin conditions

#### Abstract:

My presentation title is “New individualized management for gut barrier dysfunction & using food to prevent & treat skin conditions”. It is part of my article that published on March 7, 2023. The title of the article is: “Food, gut barrier dysfunction, and related diseases: A new target for future individualized disease prevention and management”. Dysfunction of gut barrier is known as “leaky gut” or increased intestinal permeability and it will cause diseases in multiple areas in the body. Food and dietary supplements that may promote gut health, and food or medication that may alter gut function. The research articles from PubMed demonstrated that food plays a crucial role to cause or remedy gut dysfunction related to diseases. My experience showed wonderful results also.

#### Biography

**Linda Liang** is a Doctor of Occupational Therapy, and an Associate Professor at the University of Southern California in the United States. She is a mentor of Doctors and Post-Doctors. Linda was an ophthalmologist in Zhejiang University, School of Medicine in China and blends her prior knowledge and experience of occupational therapy for comprehensive evaluation and effective treatment of her patients. She developed the Low Vision Program including Homonymous Hemianopia, Normal Pressure Hydrocephalus Program, Hand Tremor and Hand Contracture Management Program, and Genital Edema/Lymphedema Management Program at the Keck Medical Center of USC. She published some articles. She invented many novel treatment programs for difficulty medical conditions. She is writing book about them.