



Pretty Singla Sihag

Dermatology and
Aesthetics Clinic, India

Biography

Pretty Singla Sihag, has completed her MBBS from RSCM GMC Kolhapur, Maharashtra, India in 2020 and her DNB DVL from Hindu Rao hospital and North DMC college, Delhi, India in 2025. MCI reg no: DMC-105609.

Skin Unveiling The Internal Malignancy In Disguise

Abstract:

Introduction: Unfolding the interesting scenarios of three different clinical cases, each highlighting the dermatologic manifestations as important clues and histopathology as a pivotal guide to possible underlying malignancies. Ranging from visceral to hematologic malignancies, these cases emphasize the importance and diagnostic challenges in suspecting cutaneous presentations as possible manifestations of underlying malignancies

Case Details:

- Case 1:** A 60-year-old female presented with warm, tender nodules progressing on her abdomen, evolving into Sister Mary Joseph Nodule. Histologic scrutiny revealed metastatic adenocarcinoma, supported by CECT confirmation of locally infiltrating carcinoma of the gallbladder.
- Case 2:** In the second scenario, a 50-year-old woman with chronic myeloid leukemia manifested rapidly enlarging nodules on her arms, shoulders, and back. Histologic examination revealed a diffuse nodular infiltrate of pleomorphic cells, indicative of leukemia cutis. This highlights the longitudinal correlation between hematologic history of Imatinib discontinuation and appearance of skin manifestations.
- Case 3:** A 73-year-old chronic smoker presented with bright red, indurated, ulcerated nodules involving the right axilla. Histologic analysis unveiled moderately differentiated squamous cell carcinoma, and CECT suggested a primary tumor in the right anterior chest wall.

Conclusion: Collectively, these cases underscore the significance of careful clinical observation of cutaneous lesions, strong clinical suspicion, histologic analysis, and imaging studies in decoding the complex language of skin manifestations. One needs a high index of suspicion and thorough evaluation when encountering such cutaneous clues, helping in unveiling internal malignancies, which were concealed otherwise.