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Complex Post-Traumatic Stress Disorder: Epidemiology and Treatment Considerations

Abstract:

I will review the new ICD-11 Complex PTSD criteria and will discuss how childhood trauma can contribute to a C-PTSD presentation. I will examine domestic violence in Japan as a working model for how C-PTSD can develop and will discuss treatment strategies based on initial research evaluating treatment protocol for C-PTSD.

Biography

Candace Coleman completed her BA and MD at Brown University and her MPH at Johns Hopkins Bloomberg School of Public Health. She has worked as the Integrative Medicine Program Director for a clinic prior to coming to Japan. She is currently practicing as Chief Medical Officer and therapist for a mental health clinic in Tokyo.