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From grandparents to parents: Understanding the transmission of resilience in ASD families

Abstract:

Autism Spectrum Disorder (ASD) is a neurodevelopmental disability that professionals can detect at increasingly younger ages. Research suggests that parents caring for children with ASD experience significant pressure. These parents may face internal struggles alongside managing external disruptive behaviors exhibited by their children. This study employed a mixed method with a focus group format, incorporating a family resilience scale and an intergenerational solidarity scale measure. Participants included grandparents and parents living with children diagnosed with ASD. The results of this study will contribute to our understanding of how family resilience is transmitted across three generations within families facing ASD. This research also holds the potential to provide valuable insights for developing a theoretical framework that promotes resilience in families with ASD.

Biography

Helen Kwok is a registered counselling psychologist in Hong Kong with extensive experience working with children, youth, and children with special needs. Currently pursuing her Ph.D., her research interests lie in family resilience, particularly intergenerational family resilience and international solidarity. Ms. Kwok utilizes families living with Autism as a case study to explore these concepts. She also holds the position of Assistant Director and Research Associate at the Mrs. Dorothy Koo and Dr. Ti-Hua Koo Center for Interdisciplinary Evidence-based Practice and Research at Hong Kong Shue Yan University