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Role of biofeedback pelvic floor training in elderly patients with obstructed defecation.

Abstract:

Pelvic floor rehabilitation is essential to manage elderly patients with obstructed defecation. Program of biofeedback will be discussed with prerequisite, indication, and mechanism of biofeedback in these patients with usage of other physical modalities to improve emptying of large amount of stool without effort. Examples to patients from Alexandria University before and after rehabilitation will be discussed.

Biography

Mervat Sheta studied medicine at Alexandria University (1998 -2003). She graduated with excellence grade and honor in 2003 in internal medicine and surgery. She received master grade in physical medicine in 2008 at department of physical medicine and rehabilitation to work as assistant lecturer at the same department to be promoted as lecturer in 2016 after receiving PhD in the same department at faculty of medicine Alexandria University, Egypt. Her fine specialty is pelvic floor rehabilitation as topic of her Thesis in PhD and published many articles in pelvic floor rehabilitation.